



Protecting Personal Information

DIGBY AND AREA SENIORS' SAFETY PROGRAM– Dawn Thomas, Coordinator

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902-308-0544

Door to Door Sales:

- Door to door visits is a way people come to you for sales, marketing, advertising, canvassing, campaigning, evangelism or campaigning.
- If someone comes to your door, you are not obligated to let them in. You can politely ask for them to leave. Be direct.
- If there is a sense of panic, fear, sadness or excitement, or pressure, consider this is when you might make a quick and wrong decision.
- **NEVER EVER** give personal information. Protect your numbers. PIN, SIN, address, phone or passwords.
- Take the time to do your homework. Call for prices at other businesses. Don't feel rushed to purchase something you might not need.
- Talk to your friends and family about the companies and people who visit. The best tool for you is to have information to make the right decision.
- Ask for identification of the company and the salesperson.
- Do not give money or advancements for services that aren't rendered.
- Call the Better Business Bureau to ensure their reputation and intention. 1-877-663-2363

If you've been a victim of door to door pressure:

Contact your bank. They can help protect your accounts and give direction for next steps.

Call the police 902-245-2579 or the Senior's Safety Program 902-308-0544.

If you have given your social insurance number at any point, contact the CRA immediately at 1-800-959-8281

Know that you're not alone. Reach out to family and friends who can help you to feel better.

Help at Home:

Continuing Care and Adult Protection

1-800-225-7225

Digby and Area Seniors' Safety Program

902-308-0544

Digby RCMP

902-245-2579

Caregivers Nova Scotia

902-680-8706
valleycaregiver-
sNS.org

Alzheimer Society of Nova Scotia

1-800-611-6345

alz-
heimer@asns.ca



Earth Day 2024

Monday- April 22 Municipality of Digby Community Challenge

In recognition of Earth Day 2024, Municipal Council would like to encourage residents to pick up garbage that has accumulated in the ditches along your property.

Gloves and garbage bags can be picked up at the front desk of the Municipal office located at 12548 Hwy 217 in Seabrook.

Let's keep our communities and roadways looking garbage free and acknowledge Earth Day in your own special way. This year will mark the 54th anniversary of Earth Day around the world.

Go to: earthday.ca for more info.

Garbage goes ALL clear bag!

Effective April 1, 2024

Why change?

- ✓ Keeps waste staff safe.
- ✓ Hazards are easier to spot.
- ✓ Makes everyone accountable & more diligent with sorting properly.
- ✓ Combined collection areas/multi unit dwelling makes it difficult to identify who is using too many black bags.

Recyclables must be in blue transparent bags!



WWW.WASTECHECK.COM



1-800-569-0039 OR 902-742-1312



INFO@WASTECHECK.CA