



Frauds and Scams Prevention

DIGBY AND AREA SENIORS' SAFETY PROGRAM

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902-308-0544

Urgency, Emotion, Threats, False Hope

Fraudsters are becoming more clever. They trick us on the phone, through texts, emails, mail, on social media, Facebook and private chat messages. Here's a few strategies to keep in your scam prevention tool belt!

Tips for Recognizing Scams:

- ^ If it's too good to be true, stop. Think. Be a skeptic.
- ^ If there is a sense of panic, fear, sadness or excitement, consider that this is when you might make a quick and wrong decision.
- ^ **NEVER EVER** give personal information unless you are the one who made the contact and you are certain you know who is needing it. Most government organizations, banks or businesses will not ask for this over the phone or through email. If the Canadian Revenue Agency scammers threatens to call police- Just hang up.
- ^ "Spoofers" steal other people's phone numbers, profile pictures and pretend they are someone legitimate. Hang up and look for the correct contact information and try directly.
- ^ Grandparent scams ask for money by pretending to be a traveling grandchild in need of large amounts of money, Hang up.
- ^ Talk to your friends and family about the latest scams. They are changing rapidly and the best tool for you is to have information and education.

If you've been a victim of a scam:

Contact your bank if you've shared your banking or personal information. They can help protect your accounts.

Call the police 902-245-2579 or the Senior's Safety Program 902-308-0544. Most scams are not local crimes and are so big in scale that the best thing to do is to stop all communication with the fraudster.

Consider changing your contact information, have your family check in on you and know that you're not alone. There are lots of emotions and fears that come with having been victimized.

Reach out to the The Canadian Anti Fraud Centre at 1-888-495-8501 or report online to www.antifraudcentre-centreantifraude.ca

"I was asked to go buy iTunes cards and Google play cards to give to this wonderful church group in the province. They called me back when I returned and I gave them the number on back of the cards. I've already spent \$5000 dollars and my family says it's a scam!"

- Digby Area Senior

◆ ONLINE SAFETY

Strong passwords have capitals, numbers, sign: Sky567#

Be careful what you like and share on Facebook. Much of this info could be stolen or plans to target your digital footprint

Never speak to strangers in private chat groups. Never send money or chat with someone who professes their love

Keep your phone, tablet and computer up to date, shut it off once and awhile, don't click on pop ups and use secure websites <https://>

Accept friend requests from only people you know



FUNDING FOR NON PROFIT GROUPS AVAILABLE FOR LITTER CLEANUPS

Your Community needs you!

Funding made available by the Municipality of the District of Digby. Contact Waste Check at 1-800-569-0039 or amy@wastecheck.ca for details.



Local Hiking Challenge Expanded!

Welcoming the Big Meadow Bog Trail to the Digby Area Recreation Trails Challenge!



JUNE 14, 2025
2:15 PM
BIG MEADOW BOG TRAIL
197 WATER ST, WESTPORT
(BRIER ISLAND)



JOIN US FOR A GUIDED WALK AND CELEBRATE THE LAUNCH OF THE NEW BADGE!



Complete all six of the local hike challenges and EARN the HIKE DIGBY badge through Hike NS! Follow the QR Code to download the complete challenge!



CANDACE LEVINGS
 TRAILS & OPEN SPACE COORDINATOR
 MUNICIPALITY OF DIGBY
 @ CLEAVINGS@DIGBYMUN.CA OR 902-245-2861

DEBBIE HAIGHT
 ACTIVE LIVING COORDINATOR
 DIGBY AREA RECREATION COMMISSION
 ACTIVELIVING.DARC@BELLALIAN.TORONTO.CA OR 902-245-4344

Municipality of the District of Digby COMMUNITY LITTER CLEAN-UP INCENTIVE PROGRAM

It shall be the policy of the Municipality of the District of Digby to offer an incentive to non-profit groups taking part in the Nova Scotia Adopt – A Highway or Great Nova Scotia Pick Me Up Program to clean litter from the ditches. Non-profit groups will be paid \$175 per kilometer for cleaning both sides of the road. A minimum of 1km must be cleaned in order to qualify for the incentive. Payment will be made to non-profit groups. The group must register through the Great Nova Scotia Pick Me Up and sign the Assumption of Risk form which replaces the Public Works Permit. Each non-profit group is liable for themselves. Litter collected must be separated into recyclables, organics and residual waste. Waste should be disposed of properly in coordination with Waste Check. Any recyclable materials such as cans and bottles may be collected and taken away by the group as a fundraiser. Non-profit groups can select from a list of roads selected by Waste Check in the Digby area that need attention. Ditches will be evaluated after clean-up before funds are allocated. **Contact Waste Check for road list and waiver forms: amy@wastecheck.ca - 1-800-569-0039**