



Accepted in recycling

Containers



Plastic containers & film



Metal and glass containers



Paper laminate packaging

Fibre



Paper



Boxboard

Place flattened and bundled cardboard 60 x 60 cm next to blue bags at the curb.



Corrugated cardboard boxes



Not accepted



Organics



Toys



Diapers



Ceramics



Hard and soft cover books



Pots and pans



2025/2026
recycling guide

Waste Check



Waste Check
(902) 742-1312
1-800-569-0039
www.wastecheck.ca



Foam packaging



Aerosol containers



Flexible plastics

Bring these to a participating drop-off location
near you: circularmaterials.ca/NSdepots

Waste Separation Guide

Green Cart

All Food Waste

Including:

- ✓ Cooking oil & fat
- ✓ Meat, fish & shellfish (includes bones & shells)
- ✓ Table scraps



Soiled & Non-recyclable Paper

- ✓ Food napkins & paper towel
- ✓ paper plates (un-coated)
- ✓ Parchment paper



Yard Waste

- ✓ Grass, leaves & brush
- ✓ House & garden plant waste
- ✓ Sawdust & wood shavings (from untreated wood)



Only paper or boxboard liners may be used in your kitchen bin or green cart.

NO plastic or compostable/biodegradable “plastic” accepted.

For tips on maintaining your green cart, please visit:

www.wastecheck.ca/post/green-cart-tips



WWW.WASTECHECK.COM



1-800-569-0039 OR 902-742-1312



WASTECHECK@GMAIL.COM

Garbage (clear bag)

Examples:

- ✓ Animal feces/kitty litter (all types)
- ✓ Cold wood ashes
- ✓ Bandages
- ✓ Broken glass (place in a clearly marked container for pick-up)
- ✓ Ceramics
- ✓ CDs/DVDs/VHS tapes (not cases)
- ✓ Pots and pans
- ✓ Diapers & sanitary products
- ✓ Dryer lint
- ✓ Paint brushes
- ✓ Photos & photo albums
- ✓ Used tissues
- ✓ Vacuum bags/filters



Recycle Coach App

For up-to-date information on waste management, collection, and sorting, download the free app for Android, Apple smartphones, and tablets. Search “recycle coach” in your device’s app store.



Other Programs

Electronic Waste

Electronics can be dropped off free of charge at an EPRA Nova Scotia Drop-off Centre. Please visit www.recyclemyelectronics.ca for a complete list of acceptable materials and drop-off locations.



Household Hazardous Waste (HHW)

Please call Waste Check at 1-800-569-0039 for a HHW drop-off location near you.



Paint/empty cans

Most can be taken to an Enviro-Depot™ for recycling. For information, visit www.productcare.ca

Used Oil Management

Used motor oil, filters, antifreeze/glycol, and empty containers can be recycled. Please visit: uoma-atlantic.com for a drop-off location near you.



Batteries

Household batteries can be recycled by taking them to a drop-off location. Visit www.recycleyourbatteries.ca



Light Bulbs and tubes

Recycle your bulbs and tubes. To find a drop-off location near you, visit www.productcare.org