



# Accepted in recycling

## Containers



Plastic containers & film



Metal and glass containers



Paper laminate packaging



## Fibre



Paper



Boxboard

Corrugated cardboard boxes



Place flattened and bundled cardboard 60 x 60 cm next to blue bags at the curb.

Not accepted



Organics



Toys



Diapers



Ceramics



Hard and soft cover books



Pots and pans



## 2025/2026 recycling guide

### Waste Check



**Waste Check**  
(902) 742-1312  
1-800-569-0039  
[www.wastecheck.ca](http://www.wastecheck.ca)



Foam packaging



Aerosol containers



Flexible plastics

Bring these to a participating drop-off location near you: [circularmaterials.ca/NSdeposits](http://circularmaterials.ca/NSdeposits)

# Waste Separation Guide

## Green Cart

### All Food Waste Including:

- ✓ Cooking oil & fat
- ✓ Meat, fish & shellfish (includes bones & shells)
- ✓ Table scraps



### Soiled & Non-recyclable Paper

- ✓ Food napkins & paper towel
- ✓ paper plates (un-coated)
- ✓ Parchment paper



### Yard Waste

- ✓ Grass, leaves & brush
- ✓ House & garden plant waste
- ✓ Sawdust & wood shavings (from untreated wood)



Only paper or boxboard liners may be used in your kitchen bin or green cart.

**NO** plastic or compostable/biodegradable "plastic" accepted.

For tips on maintaining your green cart, please visit:  
[www.wastecheck.ca/post/green-cart-tips](http://www.wastecheck.ca/post/green-cart-tips)

## Garbage (clear bag)

### Examples:

- ✓ Animal feces/kitty litter (all types)
- ✓ Cold wood ashes
- ✓ Bandages
- ✓ Broken glass (place in a clearly marked container for pick-up)
- ✓ Ceramics
- ✓ CDs/DVDs/VHS tapes (not cases)
- ✓ Pots and pans
- ✓ Diapers & sanitary products
- ✓ Dryer lint
- ✓ Paint brushes
- ✓ Photos & photo albums
- ✓ Used tissues
- ✓ Vacuum bags/filters



### Recycle Coach App

For up-to-date information on waste management, collection, and sorting, download the free app for Android, Apple smartphones, and tablets. Search "recycle coach" in your device's app store.



## Other Programs

### Electronic Waste

Electronics can be dropped off free of charge at an EPRA Nova Scotia Drop-off Centre. Please visit [www.recyclemyelectronics.ca](http://www.recyclemyelectronics.ca) for a complete list of acceptable materials and drop-off locations.

### Household Hazardous Waste (HHW)

Please call Waste Check at 1-800-569-0039 for a HHW drop-off location near you.

### Paint/empty cans

Most can be taken to an Enviro-Depot™ for recycling. For information, visit [www.productcare.ca](http://www.productcare.ca)



### Used Oil Management

Used motor oil, filters, antifreeze/glycol, and empty containers can be recycled. Please visit: [uoma-atlantic.com](http://uoma-atlantic.com) for a drop-off location near you.

### Batteries

Household batteries can be recycled by taking them to a drop-off location. Visit [www.recycleyourbatteries.ca](http://www.recycleyourbatteries.ca)



### Light Bulbs and tubes

Recycle your bulbs and tubes. To find a drop-off location near you, visit [www.productcare.org](http://www.productcare.org)

